



## **Criterion 7: Institutional Values and Best Practices**

### **Key Indicator 7.2: Best Practices**

#### **Metric 7.2.1 : Best Practices**

##### **Best Practice- I**

##### **1. Title of the Practice**

##### **Mentoring**

Mentoring provides personalized support to students and aids in professional socialization. It serves as the platform to be student-centric and ensures the development of holistic individuals. Mentoring facilitates establishing a vibrant relationship with the student and teacher, installs the confidence in the students to seek advice, have informal discussions, discuss the problems and have a meaningful deliberation to attain the goal.

##### **2. Objectives of the practice**

- To monitor the academic performance and regularity of students.
- To motivate and instill confidence to participate in Co-curricular as well as Extracurricular activities.
- To impart guidance and counseling for excelling in their career or future choice.
- To provide a forum to discuss the personal or academic grievances if any.
- To identify and enhance their inherent potentialities in Curricular, Co-curricular and extracurricular activities.

##### **3. The Context**

Problems and challenges faced by women students are unique in their adolescent stage. A platform is required to deal with psychological and other issues. In this context mentoring assumes significance in order to imbibe a rational positive outlook towards life and emerge as holistically developed women.



#### 4. The Practice

- Mentoring is done at least thrice per semester as well as whenever required
- Not more than 24 mentees are allotted for each mentor
- The mentors keep track of students academic performance, attendance, discipline and co-curricular as well as extracurricular participation

#### 5.Evidence of Success

Mentoring helped students to succeed in four aspects:

**Academic:** The performance of students in the semester examinations has improved. Gold medals and awards achieved by students serve as an indicator of Learners Performance.

**Attendance:** Regularity of students to college has been improved rampantly and the number of students appearing for exams by paying condonation fees to the University for lack of attendance has decreased

**Co-curricular:** Success is seen among the students as they enthusiastically participate and win in technical sessions like quiz competitions, paper presentations and poster presentations. This has resulted in the intellectual, moral, social and aesthetic development of students.

**Extra-curricular:** Our students participated and won prizes in inter and intra collegiate cultural competitions and sports at the college level, University level, district level, state level and national level. K.M.Udaya of I B.Sc. Biochemistry procured a silver medal at the District level and a bronze medal at the Zonal level for Senior Women Open sight Air Riffle. L.Priyanga of II B.Sc. Microbiology won second prize in Boxing at the university level. S.Monisha of II B.Com PA secured second place in 100 meters freestyle swimming. V.Vaishnavi. of II B.Com.won second place in the Kabbadi open tournament.

#### 6. Problems encountered and Resources required

- Inhibition and lack of confidence prevents the students from actively utilizing the mentoring system
- Few students are reluctant to stay back after college hours and make the best use of mentoring.





## Best Practice –II

### 1. Title of the Practice

#### Service to the Community

Inculcating the culture of service to society assumes prime importance for the development of our nation. This practice enables us to accomplish the mission, vision and motto of our Institution and also is also dually beneficial to the public. The activities include creating awareness among the public regarding the emerging issues related to health, hygiene, cleanliness, use of technology, etc.

### 2. Objectives of the Practice

The objectives of the practice are

- To create awareness regarding societal issues.
- To install a service attitude and confidence among students in their ability to contribute to the well-being of others.
- To contribute to the betterment of society and the nation at large.

### 3. The Context

Service to society is an inevitable quality to be inculcated among students for the sustainable development of the country. Creating awareness on women's rights, eco protection, health and imparting technological as well as financial literacy being the prerequisites for the are accomplished through activities of various cells or clubs or programs organized by departments. Each department involves in community service either individually or through the NSS unit of the college. Expertise and facilities of the trust hospital, Health club, Eco club, NSS unit, YRC unit and Women Empowerment cell collectively function to instill service culture among students.



#### 4. The Practice

- Planning of community activities at the beginning of each academic year facilitates its implementation
- NSS unit, YRC unit, Health club and Eco club carries out the community service activities with the fullest cooperation of faculty and student members of the college
- Service is provided to the public and parents on occasions when and wherever possible
- Students are educated on the health aspects, arrangements and awareness given for health screening, distributed with deworming tablets and Nilavembu khasayam enabling them to educate the public
- Dental and diabetic screening camps are conducted for students and the public with the involvement of members of the health club
- Trekking, stay in the forest and visit to museum validates the need for the preservation of nature
- Paper bag mela has enormously contributed to the awareness of plastic eradication
- Minnal, a continual programme carried out annually for orphans substantiates the concept that service to mankind is service to God

#### 5. Evidence of Success

The initiatives taken towards serving the community has resulted in a good number of societal activities carried out in the Coimbatore district by students in association with various clubs and departments of the college. NSS unit along with other clubs and departments of the college through the UBA (Unath Bharath Abhiyan) scheme successfully educated and created awareness among the public on environment protection, health, road safety, entrepreneurship, financial literacy and technology. The initiative has benefitted 1000 members in the adopted villages viz., Devarayapuram, Kuppepalayam, Muthipalayam, Vellimalaipattinam, Vandikaranoor and Thondamuthur.

NSS Unit along with the Eco-club created awareness to 100 school students of Papanayakanpalayam Middle school on eco-conservation through a plastic eradication





campaign. Through, Swachhata Awareness Internship programme, 1000 members in the adopted villages were educated on maintaining cleanliness. 200 school students were educated on 'waste disposal' at Thondamuthur girls higher secondary school. 100 school students of Devarayapuram high school were trained for 'Paper bag making'. Awareness was created for 25 residents of Thondamuthur village on the use of herbs-Mooligai Maruthuvam.

NSS unit in alliance with students of the Biochemistry department as a part of the programme-'PoshanMaa' educated 35 residents of Haripuram village on 'healthy nutrition' through a skit and street play. A medical camp was organized for the parents and 350 parents were benefited. Awareness was created for 100 members were created awareness on Dengue, practices for maintenance of good Hygiene and Sanitation at Narashipuram Higher Secondary School. Student volunteers of our institution imparted training to 110 students of NGR School, Singanallur on 'Seed ball making'. "World Diabetes Day" was commemorated and 120 public were subjected to the diabetes screening tests. Awareness on "Food Adulteration" was given to 60 school students of Thondamuthur Village by the students of the commerce department.

Aadhar card update and correction campaign was conducted at the college premises through which 500 public, as well as students, were benefited. Students made a visit to an orphanage-Modern Kid, Ondipudur and conducted games in which 70 orphans were benefited. Students of the YRC unit renders care and support to orphans by conducting a program 'Minnal' every year. During the academic year, 2019-2020 around 100 orphans participated in the event.

WEC provides a platform for Self-help group members by conducting a College bazaar. Around 20 Self-help group members gained monetary benefits by putting up 20 stalls in the college premises. The Department of Commerce conducted a programme on 'Financial literacy' in which the availability of various saving schemes and the benefits of nationalized banks were addressed. 50 participants benefitted from attending the programme. An event on 'Digital India' was conducted for 40 students of Government Higher Secondary School at



Narashipuram. In kulathupalayam, a “Breast Cancer Awareness Campaign” was conducted by the Biochemistry department and 47 participants were benefited. BMI checkup was done for 44 students of Devarayapuram School. The computer science department provided training for 40 self-help group members through a workshop - 'Digital Initiatives'. Around 50 students of Devarayapuram Government School were educated on ‘Wealth out of waste products’ using old newspaper by the NSS students of the college.

#### **6. Problems Encountered and Resources Required**

- Monetary resources provided to NSS by University is not sufficient and funds are procured from the management
- Lack of cooperation and unwillingness from the public.
- Apprehension from the public towards screening tests.

PRINCIPAL  
SRI RAMAKRISHNA COLLEGE OF  
ARTS AND SCIENCE FOR WOMEN  
395, Sarojini Naidu Road  
Coimbatore-641 044