

7.2 Best Practices

Describe at least two institutional best practices

ACADEMIC YEAR 2019-20

Annexure- II

Best Practice- I

1. Title of the Practice

Mentoring

Mentoring provides personalized support to students and aids in professional socialization. It serves as the platform to be student centric and ensures the development of holistic individuals. Mentoring facilitates in establishing a vibrant relationship with the student and teacher, installs the confidence in the students to seek advice, have informal discussion, discuss the problems and have a meaningful deliberations to attain the goal.

2. Objectives of the practice

1. To monitor the academic performance and regularity of students.
2. To motivate and instill confidence to participate in Co-curricular as well as Extra curricular activities.
3. To impart guidance and counseling for excelling in their career or future choice.
4. To provide a forum to discuss the personal or academic grievances if any.
5. To identify and enhance their inherent potentialities in Curricular, Co-curricular and extra curricular activities.

3. The Context

Problems and challenges faced by women students are unique in their adolescent stage. A platform is required to deal with the psychological and other issues. In this context mentoring assumes the significance in order to imbibe a rational positive outlook towards life and emerge as holistically developed women.

4. The Practice

- Mentoring is done as thrice per semester as well as when and where required
- Mentors are assigned 20-25 students for the whole period of students stay at college
- The mentors keep track of students academic performance, attendance, discipline and co curricular as well as extracurricular participation

5. Evidence of Success

Mentoring helped students to succeed in 4 aspects:

Academic : Performance of students in the semester examinations has been enhanced leading to Gold medals and awards .

Attendance: Regularity of students to college has been improved rampantly and number of students appearing for exams by paying condonation fees to the University for lack of attendance has decreased

Co-curricular: Success is seen among the students as they enthusiastically participate and win in technical sessions like quiz competitions, paper presentation and poster presentation. This has resulted in intellectual, moral, social and aesthetic development of students.

Extra-curricular: Our students participated and won prizes in inter and intra collegiate cultural

competitions and sports at college level, University level, district level, state level and national level. K.M.Udaya of I B.Sc. Biochemistry got silver medal in District level and bronze medal in Zonal level for Senior Women Open sight Air Rifle. L.Priyanga of II B.Sc. Microbiology won second prize in Boxing at University level. S.Monisha of II B.Com PA secured second place in 100 metres free style swimming. V.Vaishnavi. of II B.Com.won second place in Kabbadi open tournament.

6. Problems encountered and Resources required

- Awareness must be created among the students to utilize the mentoring system to excel in various field of their area.
- Few students are reluctant to stay back after college hours and make the best use of mentoring.

Best Practice –II

1. Title of the Practice

Service to the Community

Inculcating and familiarizing women students to serve the society are of prime importance for our country. This practice enables to accomplish the mission, vision and motto of our Institution and also is also dually beneficial to the public. It ensures creating awareness among public regarding the emerging issues related to health, hygiene, cleanliness, use of technology etc.

2. Objectives of the Practice

The objectives of the practice are

- 1.To create awareness regarding the societal issues.
- 2.To install a service attitude and confidence among students in their ability to contribute for wellbeing of others.
- 3.To contribute for the betterment of society and nation at large.

3. The Context

Service to society is an inevitable quality to be inculcated among students for the sustainable development of the country.Creating awareness on women rights, eco protection, health and imparting technological as well as financial literacy,the obligatory aspects for the public are accomplished through activities of various cells or clubs or programmes organized by departments. Each department involves in community service either individually or through the NSS unit of the college. Expertise and facilities of the host trust hospital, Health club, Eco club, NSS unit, YRC unit. Women Empowerment cell collectively function to instill service culture among students.

4. The Practice

- Planning of community activities at the beginning of each academic year facilitates in its implementation
- NSS unit, YRC unit, Health club and Eco club carries out the community service activities with the fullest cooperation of faculty and student members of the college
- Service is provided to the public and parents at occasions when and wherever possible
- Students are first educated, screened for health, distributed with deworming tablets and Nilavembukhasayam to make them confidentially speak and implement the same with the public
- Dental and diabetic screening camps are conducted for students and public with the involvement of members of health club
- Trekking, stay at forest and visit to museum validates the need for preservation of nature

- Paper bag mela has enormously contributed to the awareness on plastic eradication
- Minnal, a continual programme carried out annually for orphans substantiates the concept that service to mankind is the service to God

4. Evidence of Success

This initiative has resulted in good number of societal activities carried out in Coimbatore district by students in association with various clubs and departments of the college. NSS unit along with other clubs and departments of the college through UBA(Unath Bharath Abhiyan) scheme successfully educated and created awareness among the public on environment protection, health, road safety, entrepreneurship, financial literacy and technology of which 1000 families in the adopted villages, Devarayapuram, Kuppepalayam, Muthipalayam, Vellimalaipattinam, Vandikaranoor, Thondamuthur got benefited.

NSS Unit along with Eco club created awareness on eco conservation among the public through Mega Tree Plantation event on 15.07.2019 at Vellalore dumpward and 56 students participated in the event. A plastic eradication campaign was held on 21.07.2019 at Middle school in Papanayakanpalayam.NSS Unit with the involvement of 110 students of our institution created awareness and educated the residents of Thondamuthur village on cleanliness through Swachhata Awareness Internship programme from 20.07.2019 to 25.07.2019. 200 schools students were educated on waste disposal at Thondamuthur girls higher secondary school on 23.07.2019.Campus cleaning activity was done at Government Boys higher Secondary School, Siddhapudur on 24.07.2019.A training on Paper bag making was given to 100 school students of Devarayapuram high school on 25.07.2019. On 22.07.2019 and 23.07.2019 an awareness was created among Thondamuthur Girls Higher Secondary school on Waste disposal. Students of Maths department on 01.12.2019 “Kovai Kulangal Pathukappu Amaippu” participated in cleaning and planting saplings in vellalore lake bund. Department of English Conducted an Awareness Session on Creating on Plastic Free Environment on 17.12.2019 and 150 were benefited.An event was conducted with Siruthuli “Neer Neelikal Pathukappu” on 11.01.2020 with 40 students.An awareness was created on use of herbs-Mooligai Maruthuvam on 14.02.2020 at Thondamuthur village. Save water an awareness rally was conducted on Conservation of Water on 16.02.2020.

NSS unit in alliance with students of Biochemistry department did skit and Street play on healthy nutrition through a programme-‘PoshanMaa’ at Haripuram on 30.09.2019.A medical camp was organized for the parents on 27.06.2019 and 350 parents were benefited by the camp. Awareness program on Dengue, Hygiene and Sanitation was conducted at Narashipuram Higher Secondary School on 26.09.2019. College student volunteers trained school students of NGT School, Singanallur for Seed ball preparation on 17.08.19. “World Diabetes day” was commemorated by educating 120 public on diabetes by conducting screening test. Dengue Awareness program was conducted on 26.09.2019 for Higher Secondary school students of Narashipuram.Awareness on “Food Adulteration” was given to the school students of Thondamuthur Village by the students of commerce department on 14.02.2020.

NSS unit with 40 volunteers held a rally on Road safety awareness as part of “Fit India Movement” from VOC park to Lakshmi Mill Post on 21.02.2020.Aadhar card updation and correction campaign was conducted for the public and students at College premises from 28.01.2020 to 04.02.2020.Students visited an orphanage-Modern Kids at Ondipudur on 03.01.2020 and conducted games for the students.YRC Unitrenders care and support to orphans by conducting a program ‘Minnal’ every year with YRC student volunteers. During this year, 100 orphans participated in the event conducted on 09.02.2020.

WEC conducted a College bazaar on 02.03.2020 thereby providing a platform for Self help group members. Commerce department conducted a programme on 19.07.2019 for public on financial

literacy, saving schemes and benefits of nationalized bank. A programme was conducted on 26.07.2019 at Narashipuram for 40 school students of Government Higher and educated them about Digital India and 8 pillars of Digital Indian. Bio Chemistry department conducted "Breast Cancer awareness Campaign on 11.02.2020 to the public at kulathupalayam, BMI checkup on 12.02.2020 for school students of Devarayapuram. Computer science department provided training for 40 self help group members through a workshop -Digital Initiatives for Self Help on 03.03.2020 .

6. Problems Encountered and Resources Required

- Monetary resources provided to NSS by University is not sufficient and funds are to be procured by the management
- Faculty Organisers find it difficult to balance between academic and community activities.
- Non –availability of cost effective alternatives for plastics.
- Lack of full cooperation and unwillingness from the public .
- Apprehension from the public towards screening tests.